



Travis County ESD #9

Westlake Fire Department

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Hiring Process Applicants,

Below are the details on the Hiring Process Testing for Travis County ESD No. 9 (Westlake FD).

1. You must fill out the application and **we must receive it by Friday, May 10 at 5 p.m. We will not accept faxed or e-mailed applications. Post marked applications will not be accepted after the deadline.** This will give our staff enough time to review applications prior to the testing date.
2. **The written exam will be on Saturday, May 18, 2019 at Hill Country Middle School at 1300 Walsh Tarlton, Austin, Texas 78746. Testing will begin promptly at 09:00am.**

3. Written Exam Testing Information

The Fire and Police Selection, Inc. (FPSI) National Fire Select Test will be used for the written exam. There is no need for a test prep period. The type of skills and abilities on the test will be basic math reasoning, map reading skills, etc. An NFST Candidate Orientation Guide is available from the Fire and Police Selection, Inc. for extra cost but not required. See below:

Applicants may order the practice "**NFST Candidate Orientation Guide**" by clicking the following link: <http://www.fpsi.com/product/nfst-candidate-orientation-guide/>. The **NFST Candidate Orientation Guide** is a helpful tool to prepare for the exam and can be downloaded as a PDF file and saved or printed. Please read through the disclaimer on the order page in order to have a successful download. Payments will be submitted through PayPal via an account or credit/debit card. Once payment is submitted, PayPal automatically redirects you back to the FPSI site where access to the download [link](#) will be located on the *Order Details-Checkout Status* page. Applicants must pay close attention to ALL instructions on both FPSI and PayPal's websites in order to access the instant download successfully!

4. **In order to qualify for the Physical Ability Test the applicant will need to pass the written exam.**

5. Physical Ability Test Information

The Physical Ability Test will be held at 1295 S. Capital of Texas Hwy (Fire Station 902), West Lake Hills, Texas 78746 on June 1, 2019 and will begin at 9:00 a.m. An **orientation** will be held on May 18th after the written exam at 1295 S. Capital of Texas Hwy (Fire Station 902). During the orientation candidates can view the course and ask questions as needed. You will not be able to complete the course during orientation.

The information below has been developed to introduce you to the Westlake Fire Department's Physical Ability Test. The test consists of a series of tasks designed to assess important physical abilities necessary for effective job performance as a firefighter.

The selection process for firefighters is very competitive. Although you are not required to read or use this information, we encourage you to do so. The more prepared you are, the more likely you are to pass the test.

There are eight job related physical ability test stations that are timed in a continuous series. The following is an overview of the Physical Ability Test:

1. Box steps with a 40 pound hose bundle
2. Confined space crawl
3. Victim Rescue (dummy drag)
4. Ceiling pull
5. Charged Hose Line Advance
6. Equipment carry
7. Forcible entry side breach
8. Hose/ appliance Connection

Applicants must wear a provided self-contained breathing apparatus equipped with a full forty five minute bottle, excluding the face piece, for all components of the Physical Ability Test. Applicants must wear a provided structural firefighting coat, structural firefighting helmet, and structural firefighting gloves. You may bring your own NFPA approved equipment to use, however, the testing authority reserves the right to inspect all equipment, and to disallow equipment, to ensure that its use does not affect the fair and impartial administration of the Physical Ability Test.

Applicants are strongly encouraged to wear athletic shoes (open-toed shoes are not allowed) and shorts. You will be performing physical acts that demonstrate strength, agility, and endurance, and it is important to be outfitted in attire that does not hinder your performance. During the Physical Ability Test, you may get dirty from crawling or maneuvering through the exercises and/or wet. Plan your dress accordingly.

All eight Physical Ability Test stations will be timed in a series. The applicant will complete these eight stations three consecutive times. The end of the test will conclude after the appliance station is conducted. The test has a cutoff time of nine minutes and fifteen seconds and failure to complete the Physical Ability Test in the allowed time will result in disqualifications.

Running during the Physical Ability Test will not be allowed.

Before an applicant starts the Physical Ability Test a testing monitor will "walk" the applicant through the course and review rules, expectations and answer any questions. Questions will not be answered while you are testing.

To ensure all applicants complete the stations in the same order, testing monitors will guide each applicant to the appropriate station through the process.

The testing monitor will be there to issue warnings to the applicant if a mistake is made, and the applicant must make the appropriate correction. If three total warnings are accumulated throughout the eight stations the applicant will be disqualified. If the applicant cannot complete one of the stations they will be disqualified.

Station 1- Box Step

1. The applicant will pick up a 40 pound hose bundle and stand in front of the box.
2. The applicant will step up on to the box then back down.
3. The test continues for 20 repetitions.
4. * Disqualification: If the applicant is unable to complete the number of steps required or if the applicant drops the bundle while stepping.

Station 2- Confined Space Crawl

1. The applicant will crawl through an 8 foot confined space prop.
2. The testing monitor will inform the applicant when designated length is achieved.
3. *Disqualification: If the applicant is unable to crawl the length required.

Station 3- Victim Rescue (dummy drag)

1. The applicant will drag an approximately 160 pound “dummy” representing a human.
2. This will be a backwards under the arms 20 foot drag
3. * Disqualifications / Warnings: If the applicant is unable to drag the dummy across the distance designated the applicant will be disqualified.

Station 4 – Ceiling Pull

1. The applicant will need to simulate pulling ceiling with a pike pole provided for 10 repetitions.
2. This will be an 8 foot pull down with resistance added.
3. * Disqualifications / Warnings: If the applicant is unable to pull the pike pole the desired distance or complete the number of repetitions.

Station 5 - Charged Hose Line Advance

1. The applicant will advance a charged 1 ¾ hose line to a designated location, then open the nozzle.
2. The total length will be approximately 25’.
3. * Disqualifications / Warnings: If the applicant is unable to advance the line to the designed location or cannot control the line while discharging water the applicant will be disqualified.

Station 6 – Equipment Carry

1. The applicant will carry two 60 pound props to simulate fire ground equipment the designated length.
2. The total length will be approximately 40’.
3. * Disqualifications / Warnings: If the applicant is unable to carry the props to the appropriate length the applicant will be disqualified.

Station 7 – Forcible Entry Side Breach

1. The applicant will advance a 60 lb hose roll a designated length by striking it from the side.
2. The applicant will achieve this with a sledge hammer.
3. * Disqualifications / Warnings: If the applicant is unable to hit the hose roll the appropriate length.

Station 8 – Hose/ Appliance Connection

1. The applicant will connect two sections of hose with the appliances provided.
2. The hose will not be of the same size
3. * Disqualifications / Warnings: If the applicant is unable to connect the two hoses as an approved fire service connection the applicant will be disqualified.

The Physical Ability test will need to be completed within 9 minutes 15 seconds (9:15) or less. The Physical Ability is a pass or fail test. It is not in the applicant’s best interest to put speed over following instructions and being efficient.

Applicants that pass the Physical Ability Test will be contacted by a member of the Department to discuss the next steps in the Hiring Process.

Please call us at 512-539-FIRE (3473) or e-mail us at careers@westlakefd.org if you have any questions. Good luck to all the applicants and I look forward to meeting you soon.

David Wilson, Fire Chief, Westlake Fire Department